



FASCIAL MANIPULATION – LEVEL 2B HYBRID COURSE

COURSE OVERVIEW

The Fascial Manipulation Level 2 course builds on the knowledge of the level 1 course to develop a complete understanding of the musculoskeletal model used in the FM method. In this course, you will learn about the Centres of Fusions (CF) that form the myofascial diagonals and spirals of the body to understand how complex movement combining the three planes occurs. With this combined knowledge, clinicians' enhance their scope for treating pain and dysfunction with the introduction of more points and understanding the rationale for different pain patterns and dysfunctions that present within the musculoskeletal system.

COURSE INCLUDES

- **11 hours online lecture series** (presented by Professor Carla Stecco and Assistant Professor Antonio Stecco) to learn the anatomical and physiological basis of the Centres of Fusion
 - **Pre-course webinar** presentation and Q&A to review the online material and facilitate preparation for the practical component
- **Three days in-person** practical components to learn the palpation, assessment and treatment of the Centres of Fusion that form the diagonals and spirals (Centres of Coordination are also covered)
 - Included in the in-person component is the **Fascial Manipulation Level 2: Practical Part Textbook**
 - **Post-course webinar** to review clinical guidelines and case studies
- **4 hour post-course, in-person revision workshop** following the course to review the CFs / CCs and refine the clinical application from the course

COURSE DATES AND TIMES

<u>Course Component</u>	<u>Date</u>	<u>Time</u>
Three Day In-Person Course	Friday 14 th to Sunday 16 th November	9.00am– 5.30pm AEDT (Sunday finish 5.00pm)
Pre-Course Online Webinar	Thursday 6 th November	7.30–8.30pm AEDT
Post-Course Online Webinar	Tuesday 25 th November	7.30–8.30pm AEDT
Post Course In-Person Revision Workshop	Saturday 6 th December	9.00am to 1.00pm.

COURSE COORDINATOR

The course will be presented by Jack Williams. Jack is the first and only Certified Fascial Manipulation Specialist (through the Fascial Manipulation Institute in Padua, Italy) and Fascial Manipulation teacher in Australia, teaching both in Australia and internationally.

FURTHER DETAILS

Cost: \$1,760 (incl. GST)

How to Enrol: To enrol to the course or for further information, please email Jack at education@melbourneathleticdevelopment.com.au

Course Manual: Your course material will be provided in printed and electronic formats

Location: Melbourne Athletic Development Physiotherapy
168 Hoddle Street, Abbotsford 3067, Melbourne, Victoria, Australia
Ph: (+61) 0447 637 454
Email: education@melbourneathleticdevelopment.com.au
Website: <https://www.melbourneathleticdevelopment.com.au/>

Food: During the course lunch will be provided daily. Tea, coffee and light refreshments will be available